

What's in it for the GP?

- Improving care and health outcomes of your patients
- Support in care planning and annual cycles of care
- Earning QA&CPD points (category I)
- Provision of detailed feedback on your patients
- Research training and support for interested GPs

What's in it for the Practice?

- Training PN in Practice database management and EPC item numbers
- Reimbursement for PN participation
- A chance to access free Diabetes education for your PN
- Paid 2-hour briefing session for GP & PN
- COACH® training for PN

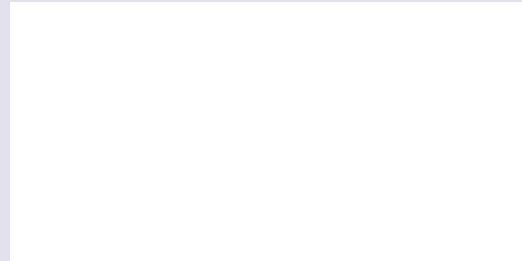
What's in it for the PN?

- Free Training in Practice Database Management skills
- Learn how to manage people with diabetes
- Expand the role of Practice Nurses
- Expand your knowledge and skills in research
- A certificate of participation from The University of Melbourne
- Earning CPD points
- Support from the research team
- Intervention group:
 - Free training to be the "Coach"
 - Payment for time taken to Coach patients
- Control group:
 - Free COACH® training for PN if it proves effective

How to be involved?

- I'd like to be involved
- I'd like further information

Insert Practice Stamp



Please fax this page to 9347 6136 or Contact

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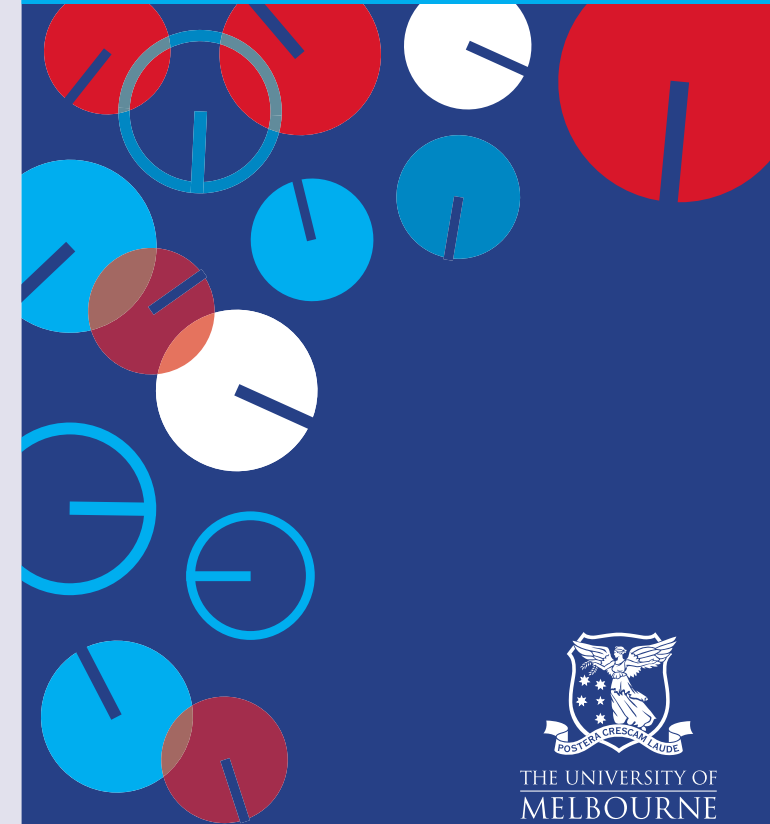


Innovative approach to
Type 2 Diabetes

Better patients outcomes

Support General Practice

Enhance the role and
skills of Practice Nurses



What is PEACH study?

Patient Engagement And Coaching for Health is a research project involving Practice Nurses (PN) and the COACH® technique to enable people to manage their type 2 diabetes more effectively.

Why PEACH is needed?

- 80% of management of type 2 diabetes occurs in General Practice in Australia
- Treatment is complex and requires multifactorial interventions
- Large gap between evidence-based guidelines and outcomes in General Practice

Understanding how to achieve comprehensive treatment of type 2 Diabetes in General Practice setting is an urgent research priority, and is the focus of the PEACH study.

What's involved?

GP

- Attend 2-hour paid project briefing session
- Release PN to attend paid 2-day Coach training
- Assist in identifying eligible patients
- Mail-out letters and recruit patients
- Be willing to have the Practice randomised (please refer to the PEACH study flowchart)

PN

- Attend 2-hour paid project briefing session
- Be willing to attend 2-day paid Coach training
- Collect baseline, 12 and 18 months follow-up assessments
- Conduct a total of 8 phone calls and 2 face-to-face meetings to each patient over 18-month period.

Translating Interpreting Services (TIS) is available for non-English speaking patients.

The Question?

Do Practice Nurses have a role in managing and improving health outcomes for people with type 2 diabetes using the COACH® technique?

The Aim?

To evaluate the impact of a chronic disease self management method (COACH® program) delivered by Practice Nurses on health outcome measures in patients with type 2 diabetes, compared with usual care.

Who's the Project team?

Led by Prof Doris Young (GP)

Dr John Furler (GP)

Dr Christine Walker (Consumer researcher)

Dr Margarite Vale (Dietitian)

Prof James Best (Diabetes specialist)

A/Prof Leonie Segal (Health economist)

Prof Trisha Dunning (Nurse & Diabetes Educator)

Dr Nabil Sulaiman (Epidemiologist)

Ms Patty Chondros (Biostatistician)

Dr Ralph Audehm (GP)

Prof James Dunbar (GP)

Partners:

Northern Division of General Practice

North West Division of General Practice

Australian Practice Nurse Association

Diabetes Australia Victoria

Chronic Illness Alliance

Diabetes Alliance Group

Flow Chart of Peach Study

